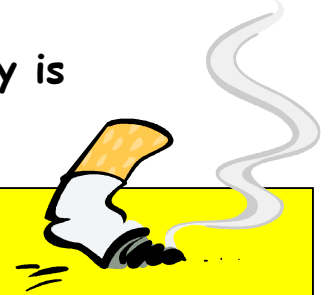


# Want to Quit Smoking?

You are up to 4 times more likely to quit successfully using your local NHS Stop Smoking Service  
Support is free and Nicotine Replacement Therapy is available on prescription.



## 1-1 Clinics 2007

### North Devon

- Link Resource Centre, Ilfracombe. Mondays 11am-1pm (Starts 22nd Oct)
- Torrington Hospital. Mondays 6pm-7.30pm (Currently running)
- The Borough Inn, Barnstaple. Wednesdays 5pm-6.30pm (Starts 31st Oct)
- Pollyfields Community Centre, Bideford. Thursdays (Time TBC)

**For further info please call 01769 575113**

### Exeter, East and Mid Devon

- Buddle lane Youth Centre, St Thomas. Fridays 10am-12pm (Starts 12th Oct)
- Whipton Children's Centre. Fridays 9am-11am (Starts 19th Oct)
- Beacon Heath Children's Centre. Mondays 9.15am-11.15am (Starts 5th Nov)
- Sunningmead Community Centre. Wednesdays 1pm-3pm (Starts 17th Oct)
- Exmouth Open Door Centre. Wednesdays 10am-12pm (Starts 17th Oct)
- Tiverton Hospital. Monday 5pm-7pm (Starts 22nd Oct)

**For further info please call 01392 356937**

### South and West Devon

- Teignmouth Hospital. Mondays 5pm-7pm (Currently Running)
- Dawlish Churchill Community Centre. Tuesdays 9.30am-11.30am (Starts 2nd Oct)
- Dartmouth Townstal Community Hall. Mondays 1pm-3pm (Starts 29th Oct)
- Kingsway Meadow Association Hall, Teignmouth. Thursdays 2pm-4pm  
(Starts 25th Oct)
- Princetown- TBC
- Courtney Centre, Newton Abbot. Wednesdays 5pm-7pm (Currently running)

**For further info please call 01626 357039**